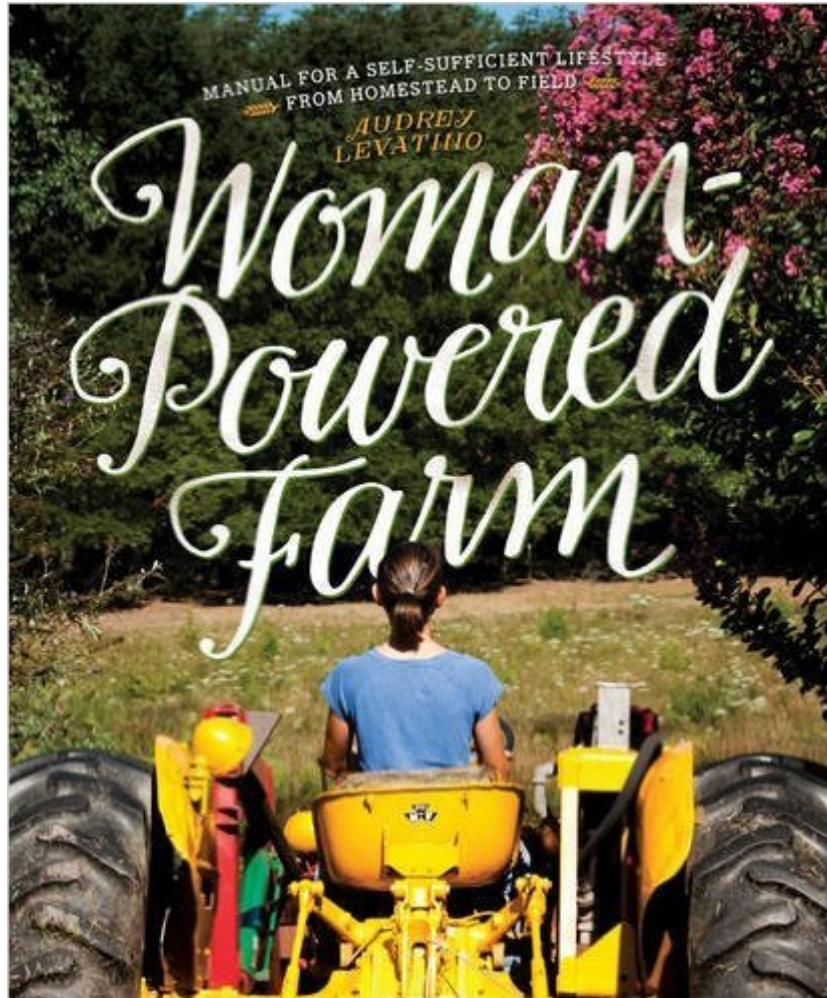


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# Woman-Powered Farm: Manual For A Self-Sufficient Lifestyle From Homestead To Field



## Synopsis

To go-to guide for women who want to be part of the farming revolution. Women are leading the new farming revolution in America. Much of the impetus to move back to the land, raise our own food, and connect with our agricultural past is being driven by women. They raise sheep for wool, harvest honey from their beehives, grow food for their families and sell their goods at farmers' markets. What does a woman who wants to work the land need to do to follow her dream? First, she needs this book. It may seem strange to suggest that women farmers need a different guide than male farmers, but women often have different strengths and goals, and different ways of achieving those goals. Audrey Levatino shares her experiences of running a farm and offers invaluable advice on how to get started, whether you have hundreds of acres or a simple lot for an urban community garden. Filled with personal anecdotes and stories from other women farmers, from old hands to brand new ones, from agricultural icons like Temple Grandin, to her own sister, this book is a reassuring and inspirational guide that discusses: Should you do an internship or jump right in? How to find a farm or how to handle one that you've inherited Best practices for selling at the farmer's market and how to sell your goods locally Farmhouse chores and how to get them done right How to handle large power tools, including a chainsaw Planning and growing an organic farm garden Incorporating animals as part of a farm ecosystem Where to get started if you want to farm-school your kids Tips for keeping your mind, body and spirit healthy while undertaking the demanding nature of farm work It's all here, in the same warm and friendly voice that readers embraced in *The Joy of Hobby Farming*. Full-color photography throughout provides step-by-step instructions for anything you'll need to do on your farm. 75 color photos

## Book Information

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## Customer Reviews

Finally a book that approaches farming from a woman's perspective. Our bodies do operate differently and this book is a valuable resource for choosing and using tools. And the step-by-step photography of actual women demonstrating the tools and many other chores on the farm is incredibly useful to anyone, regardless of gender. Highly recommended for those just starting out and plenty of great ideas for the more seasoned farmer/grower/animal raiser.

This book changed my way of thinking of thinking about women around a farm. Not only can they handle it, they can master everything there is to do in this often thought of male centric culture. I like the book especially since it comes from Audrey's personal experience of taking on farming and learning the trade from day to day experience. For anyone that has farmed, reading about how Audrey figured out certain tricks of the trade is enjoyable and informative. Taking the mystery out of raising crops or animals is good for any any farmer, whether you are farming acres of land or turning dirt in a square foot garden. I can't wait to meet Audrey and her husband at the Charlottesville, VA farmer's market to see the products of their farm and also watch them in action.

This book has mostly great information. I am a woman who grew up on a cattle farm, so I got this book already knowing a lot, hoping to glean some information about raising crops that I might've missed growing up. This book is really a great introduction to farming, and it's honest about how much work goes into keeping up a farm (which is a lot!). I also love the female perspective, which is lacking in a lot of farming texts. With that said, I don't really like how the author sugarcoats tougher subjects in places. Regarding livestock, "put down" and "fixed" are used, for example "why not call it like it is, we're talking about slaughter and castration. If you are thinking about operating an animal farm, those are words you need to be comfortable using. There are also some minor inaccuracies" for example, saying bees aren't animals. It also doesn't have to cost ~\$2000 to get into beekeeping. But overall, I think this is a really good introductory book for a woman looking to learn what's involved in starting a farm.

A must read! This book shows practical hands on experience of the daily operations of farm life. Along with detailed information, there are amazing photographs depicted throughout the book. The

personal stories described in this book reveal the true inspiration and devotion that it takes to create a home stead, and also operate a small business.

I found Audrey Levatano's "Women-Powered Farm Manual" completely engrossing, well written, and informative even though I am an apartment dweller. I learned so many interesting facts, and enjoyed the anecdotes, and the wonderful photographs. Everyone can benefit from the knowledge imparted by this qualified expert

Audrey has compiled so much information and explained everything in easy to follow steps for every farm chore. It's very much a how to manual for the smallest task as well as those that could be overwhelming. A great book with beautiful photographs too. Even if you are not planning to take on an agricultural business it's such interesting reading..

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